

Exford Primary School Teams Newsletter



2023 Term 2 at Exford PS!

At the start of each term, our teaching teams prepare an outline of the term ahead, so that our families have insights into their child's classroom work to come.

As always, please contact your child's teacher to discuss your child's learning and for any queries or issues you may have.

Term 2 Key Dates:

- Monday 24 April – Term 2 begins – staff only
- Monday 24 April – Pupil Free Day No 3
- Tuesday 25 April – ANZAC Day
- Friday 28 April – Mother's Day Stall gift ordering closes
- Tuesday 2 May – MPSSA District Cross Country Carnival
- Wednesday 3 May – Mother's Day Stall
- Monday 8 – Wednesday 10 May - Year 5-6 Warrnambool Camp
- Monday 15 May – XUNO roll out for parents
- Monday 15 and Wednesday 17 May – Student Support Group Meetings – invitation only
- Wednesday 17 May – MPSSA Year 5-6 Girls AFL Day
- Monday 22 May – Thursday 25 May – Life Education Program
- Monday 22 May – Friday 2 June – Year 5-6 Swimming Program
- Wednesday 31 May – Year 3-4 Melbourne Museum and IMAX Excursion
- Friday 9 June – MPSSA Winter Lightning Cup
- Monday 12 June – King's Birthday Public Holiday
- Wednesday 14 June – Year 5-6 MPSSA Soccer Day
- Thursday 22 June – Semester 1 Reports sent home (and saved to Xuno)
- Friday 23 June - End of Term 2 (2.30 pm dismissal)

Enjoy the read!

Ms Campo and Mr Wilson



PREP

newsletter

Term Two 2023

Meet the Prep Team

Ms Hannah Smyth
Prep Smyth & PLT Leader

Ms Christina Akamatis
Prep Akamatis

Ms Jaclyn Littlewood
Learning Specialist

Note Folders:

Each student will be given a clear plastic pocket 'note folder'. The note folder will come home when there are notes for parents. The note folder is to be returned to school the following day.

Take Home Reading & Homework:

Students will continue to take home three books every Friday to read for the week. Every Friday please send their Take Home Reader boxes, along with their diaries and books to school, so your child's teacher can send new books home and sign their diaries. New books won't be sent home unless the books from the week prior are brought back.

Homework will be sent home on Wednesdays and is to be returned each Monday. Homework will begin in Week 2.

Library:

Please remember to send your child's Library bag to school with them on their designated day.

Prep Akamatis's Library day is **Tuesday**.

Prep Smyth's Library day is **Monday**.

Specialist Days:

Here is when **Prep Akamatis** has specialist classes:

French: Wednesday

Art: Wednesday

Science: Thursday

PE: Friday



Here is when **Prep Smyth** has specialist classes:

French: Wednesday

Art: Wednesday

Science: Thursday

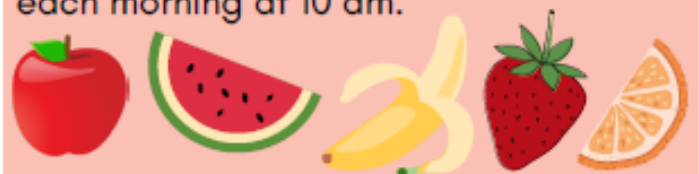
PE: Friday



Specialist days are subject to change. Your classroom teacher will notify you via Seesaw.

Munch & Crunch:

All students are encouraged to bring some fruit or vegetables in their lunchbox to eat during Munch & Crunch each morning at 10 am.



Reading:

In Reading, students will learn different strategies to support their reading, including word solving, monitoring and correcting their reading.

Students will continue to establish their reading skills and strategies such as one to one tracking with their finger, using picture clues, and recognising and sounding out VC and CVC words and recognising some high frequency words within the text.

Students will continue to develop an understanding of the relationship between letters and sounds, applying their letter and sound knowledge to assist them when solving unknown words when reading.

We will also focus on **making connections** with the texts we read, in order to support their comprehension of the text.



Writing:

In Writing, students will continue learning about the alphabet. This will include how to write lower case and upper case letters and recognising the initial sound of a word.

Students will be continuing to develop their writing skills through a range of different formats, including **narratives** and **procedural texts**.

They will continue to use the "Think, Say, Sketch, Write" process, as well as:

- Use initial sounds and begin listening for the middle and end sounds in words
- Experiment with using High Frequency Words in their writing
- Begin experimenting with punctuation, such as capitals letters and full stops
- Learn how to structure and write sentences and use finger spaces between words



Speaking and Listening:

Speaking and Listening in Term 2 will include an explicit focus on the following:

- Identifying rhyme and syllables in spoken words
- Identifying sounds in spoken words
- Listening to, remembering, and following simple instructions and classroom routines
- Sequencing ideas by retelling a story they know (using picture clues)

Wellbeing:

During Term 2, the wellbeing focus will be 'How to be a kind person?'

Students will learn about strategies and behaviours to be a kind person. We will talk about the reasons we should be a kind person and what might happen if we are not kind to our peers.



PBL:

Geography will be taught this term, focussing on 'Place and Interconnection'. Students will investigate features of places, where places are located and how people are connected to places.



Seesaw:

Keep an eye out on Seesaw, as your child's teacher will regularly post photos and samples of work to showcase and celebrate achievements of the students.

Please contact your child's teacher or the office staff if you do not have access to Seesaw.



Seesaw

Maths:

Measurement and Geometry

Location and Transformation

Students will describe position and movement by interpreting the everyday language of locations and direction, such as 'between', 'near', 'next to', 'forwards'.

They will also follow and give simple instructions to guide a friend around an obstacle path and vice versa.

Shape

Students will engage in hands-on tasks, in which they will learn to name, locate, sort and describe 2D and 3D shapes.

Statistics and Probability

Students will develop and answer yes/no questions. They will develop their understanding of how and why we collect data in our daily lives by creating simple data displays.

Number and Algebra

Students will continue to use a range of manipulatives to support the development of their number recognition and their counting, with an explicit focus on 'number patterns'.



Year 1-2 Overview Term 2 2023

Meet the Year 1-2 Team:

Teachers

Ms Jaclyn Littlewood	- Learning Specialist
Mrs Karen Ambrose	1-2A
Mrs Simone Roe	1-2R
Mrs Lisa Romanski	1-2L
Ms Rebeka Talevski	1-2T

Education Support Staff

Ms Bernice Hudson	1-2A
Mrs Lisa Van Gemert	1-2T
Mrs Loren Ward	1-2R

Writing & Reading

Our Writing in Term 2 will focus on persuasive, narrative and procedural texts and poetry. The students will write to understand the structure of texts and the features of writing. Students will also practise their handwriting with a focus on the formation and size of their letters.



In Reading, we will focus on the reading comprehension strategies of questioning and summarising fiction texts to build our literal and inferred understanding of texts. Students will have a wide range of books to read from our classroom library. They will also have access to Reading Eggs on the iPad to further develop their reading skills.



We will develop our knowledge of vowel digraphs and blends to build our word solving skills. We will also focus on the students learning the Magic 100, Magic 200 and Magic 300 words. These high frequency words will support the students reading and writing.



Maths



The students will learn all about numbers, with a focus on addition and subtraction. They will investigate strategies to solve addition and subtraction problems using a range of efficient strategies. They will continue learn to recognise, model, read, write and order numbers to at least 100 (Year 1) and to 1000 (Year 2). The students will use their knowledge of place value to partition numbers into hundreds, tens and ones and apply this to solving addition and subtraction problems.

In Measurement, they will compare and order shapes based on length using uniform informal units. In Geometry, they will learn to recognise 2D shapes and 3D objects and describe their features. In Statistics the students will learn to collect data and represent it as a pictograph or bar graph.

PBL-Geography



The students will gain knowledge and skills by working to investigate places in Australia and our connections to them. They will investigate the states and territories and identify them on maps. The students will learn about important landmarks and places throughout Australia and the location of Australia in relation to the rest of the world.



National Simultaneous Storytime
Wednesday 24 May, 2023

Year 1-2 Overview

Term 2 2023

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Take Home Reading

Take Home Reading will continue in Term 2. All Year 1-2 students are expected to read **every night** with an adult, building up to 15 minutes per night.



We ask all students to have their reading diaries **signed** by their parents and returned to school **every day** so they can be checked off by the teacher.

Premiers' Reading Challenge

All students have been signed up for the Premiers' Reading Challenge. The challenge for Year 1-2 students is to read 30 books with their parents by 8 September 2023. Parents log into the website and record the titles of the books. Happy Reading!



Munch & Crunch

All students are encouraged to bring some fruit or vegetables in their lunchbox to eat during Munch & Crunch time each morning at 10am.



Homework

Homework will continue in Term 2. Tasks will be pasted in your child's Homework Book every Wednesday and will comprise of either a Reading, Writing or Maths activity.

Students should complete the task in their Homework Book and return their Homework Book by the following Monday.



Parents are asked to sign the Homework Overview sheet in the Homework Book each week to indicate they have seen their child's completed homework.

Reading Eggs

All Year 1-2 students will have access to Reading Eggs/ Reading Eggspress for the year. The program will be used in class and can be accessed at home to develop Reading skills. Passwords will be posted on Seesaw.



Seesaw

Your child's teacher will regularly post photos and samples of work to showcase and celebrate their achievements.



*We look forward to a great Term 2 with lots of learning to be done.
From Mrs Ambrose, Mrs Roe, Mrs Romanski & Ms Talevski*

Year 3-4 Team

newsletter

TERM 2, 2023

WHAT'S HAPPENING IN HUMANITIES

Following on from our Term 1 unit on Indigenous Australian History, in Term 2 students will explore Australian culture and the symbolism behind our flags, emblems and celebrations. Students will also explore a range of celebrations from different cultures such as Ramadan, Thanksgiving, Diwali and Chinese New Year.

Students will be going to the Melbourne Museum and IMAX in Week 6 of the term to explore the Museum's Melbourne Story and First Peoples' exhibitions. They will also watch a film at IMAX – Australia: The Wild Top End 3D where they will learn more about culture, wildlife and the environment of Australia's far north region.

EXCURSION

Wednesday 31st May



WHAT'S HAPPENING IN READING

Making Connections: Students will build their literal and inferential understanding of texts by noticing connections they make as readers. Students will explore connections between texts of the same genre and author. Students will also make connections to the world around them, thinking about the themes and problems within texts.

Summarising: Students will build their literal understanding of informational texts. Students will explore how text structure and text features are important in informational texts to help the reader locate information.

WHAT'S HAPPENING IN WRITING

Information Writing: Students will explore how to use a range of text features that support the structure of informational texts. Students will focus on improving their use of conventions such as boundary punctuation and making accurate attempts at spelling words. Students will be introduced to the the 3,2,1... Edit strategy when editing their writing.

Poetry: Students will develop a deeper sense of what poetry is and its purpose. Students will explore a range of different types of poetry to communicate their ideas and messages as writings.

Procedure Writing: Students will explore how to structure and write a range of procedural texts. Students will focus on giving explicit instructions in each of their steps and develop their knowledge of action verbs to use within procedural texts. They will also continue to improve their use of conventions accurately in their writing.

Year 3-4 Team

newsletter



TERM 2, 2023

WHAT'S HAPPENING IN MATHS



Angles: Students will be introduced to the concept of 'angles' and identify them as a measure of turn. Students will compare angle sizes in everyday situations, while classifying them as equal to, greater than or less than a right angle.

Addition & Subtraction: Students will explore and articulate the connection between addition and subtraction. Students will improve their fluency in recalling addition and subtraction facts to develop increasingly efficient mental strategies to solve problems. Students will also practise efficient written strategies to solve problems.

Money: Students will explore representing money values in multiple ways, recognising the relationship between dollars and cents. Students will solve problems that require them to count the change required for simple transactions to the nearest five cents.

PREMIER'S READING CHALLENGE 2023

The challenge encourages students to read a set number of books over the year and record their efforts online. Did you know that since the challenge began in 2005, more than 3.5 million students have read over 54 million books? This year we are encouraging every student in Years 3 & 4 to get involved and complete the challenge.

To complete the challenge, students need to ...

- Read just 15 books!
- 10 of the books need to be challenge books (*books listed as part of the challenge*)

Your child's log in details should have been posted to Seesaw. Please contact your child's teacher if you need their log in details.



NIGHTLY READING

A reminder to ensure that students are reading at home nightly and use their diary to record their reading. It is required to come to school on a **daily basis**. It is an excellent tool to help students take responsibility for their learning.

OTHER INFORMATION

- Homework begins in Week 2. It will continue to be handed out on Wednesdays and due back on Mondays.
- Melbourne Museum & IMAX permission notes and payment due Wednesday 24th May.
- Melbourne Museum & IMAX excursion – Wednesday 31st May.

You will hear more from us through



Seesaw

Thanks – Mrs Micallef, Ms Jones, Ms Monagle & Mr Jenner

Year 5-6 Team

TERM 2 NEWSLETTER



Mrs Higgins

CLASSROOM TEACHER

Mrs Kim Scalzo (ES)
Ms Seemab Javed (ES)



Mr Mounsey

YEAR 5-6 PLT LEADER

Ms Michelle Cassar (ES)
Ms Jagdeep Kaur (ES)
Ms Rachel Cooper (ES)



Mr Jenner

3-6 LEARNING SPECIALIST



Mrs Fyfe

CLASSROOM TEACHER

Ms Rachel Cooper (ES)
Ms Hayley Rundell (ES)

WHAT'S HAPPENING IN TERM 2

Busy by definition and nature! Term 2 is set to be one of our busiest and most fun terms yet. Beginning in Week 3, we set off to Warrnambool for our Year 5-6 Camp. Departing school at 8am we will set off on the 3 hour journey to the Shipwreck Coast. With many fun activities such as surfing, 'The Amazing Race' and 'Rockpool Ramble' it is bound to be 3 days of enjoyment. We will also touch on some of the things we have learnt in our Term 1 History Unit... not to mention a delicious ice-cream from the Timboon Ice Creamery on our return home. Not long after our return in Weeks 5 and 6, Year 5-6 students will participate in our Year 5-6 Swimming program (details and costings to come). Also in Week 5, Life Education will be coming to Exford where Year 5-6 students will take part in the session, 'Relate, Respect, Connect' aimed at helping build positive, safe and respectful relationships. In sporting news, our Year 3-6 Athletics Carnival will take place this term (details to come) and Year 5-6 students will also be able to participate and train for a range of Winter MPSSA Lightning Premiership Inter-School Sports. Sports this term include AFL, Netball and Tee Ball.





LITERACY

This Term, students will be looking at the behaviours and strategies that help us to strengthen and deepen our reading and writing skill. We will continue to grow and develop a love of reading and passion for books!

In **Reading** this Term, we will be learning to strengthen our use of comprehension strategies, explicitly focusing on **inferring**, **making connections**, as well as **critiquing** and **analysing** texts.

In **Writing**, we will explore how various devices, craft choices and text structures enhance our writing. Students will specifically focus on **explanation** and **procedural** texts, as well as incorporating fact and fiction through **historical narratives**.

NUMERACY

In Maths, we will be learning about:

Number and Algebra

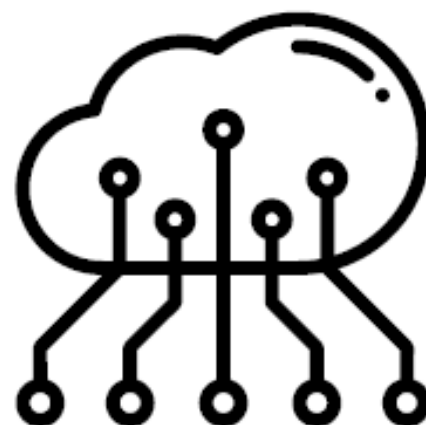
Multiplication and Division: Students will build on their existing understandings to develop more efficient strategies for multiplication and division. Students will use their knowledge of multiples and factors from Term 1 to assist in their working out.

Measurement and Geometry

Shape, Location and Transformation: Students will explore, create and construct a range of 3D shapes and their nets. Students will also explore features of tessellating shapes and transformative processes such as reflections, translations, rotations, reductions and enlargements. Students will also explore the cartesian plane and cartesian co-ordinates.

Statistics and Probability

Data: Students will collect a range of categorical and numerical data and represent this in a range of data displays.





WELLBEING

During Term 2, students in Year 5-6 will be taking a close look into their wellbeing and mindfulness using a range of different programs.

Mindfulness can benefit student wellbeing and engagement with learning by improving students' ability to regulate emotions, improving attention and improving memory, reasoning, planning, goal setting and self regulation: all of which is essential when focusing and learning new information.

P.B.L / HUMANITIES

In **P.B.L / Humanities** this year, students will explore the four areas of the Humanities curriculum: History, Geography, Civics and Citizenship, as well as Economics and Business.

In Term 2, students will be investigating Australian Geography, specifically natural disasters, such as Bushfires and Floods. Students will explore the impacts of these disasters, as well as how communities and environments can respond and recover.



HOMEWORK

Take Home Reading will start Wednesday 26 April and Homework will begin Wednesday 26 April. It will be handed out on Wednesday and due on Monday. Please provide your child's teacher with a note if there is any reason why your child has not completed their Homework.

Weekly Homework will consist of alternating tasks relating to the learning concepts covered in the classroom. The focus of Homework tasks will rotate between Reading, Writing, Maths and Project Based Learning.

Reading & Student Diaries: Students use their student diary to record their nightly reading and key events. It is required that the diary comes to school on a daily basis. This is an excellent tool to help students take responsibility for their learning and to begin to develop their organisational skills.

Term 2,
2023

The Arts



What an exciting Term we have planned in the Art room!

Prep:

Students in Prep will broaden their understanding on primary colours and use their knowledge of shapes to create Miro Colour People. This term, the Preps will learn to feel the beat, and discriminate between fast and slow and loud and soft beats. The Preps will have the chance to use a range of instruments appropriately and safely.



Year 3-4:

Year 3-4 students will study some of Picasso's most famous artworks for inspiration when we begin to work on portraits. We will also have a look at Art around the world, including Art from different cultures. Some of the cultural art we will be looking at is Maori Koru Art and Mola Art from Panama.



Year 1 -2:

Year 1-2 students will use a range of natural ingredients to make prints for their artworks. They will also have the chance to explore and take inspiration from artworks created by Andy Warhol before moving on to exploring elements of Music.

Students in Year 1-2 will explore beat and pitch when they begin to play a range of instruments.



Year 5-6:

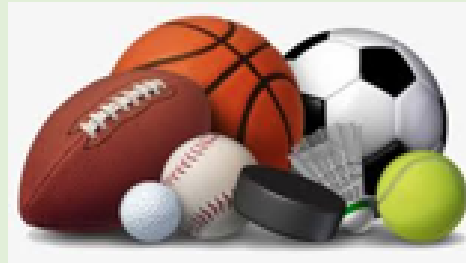
Students in Year 5-6 will create some optical illusions to begin the term. After this, we will be looking at some artwork that address the social issues of today. We will gain some inspiration from graffiti inspired works to create our own. Before the end of term, we will begin working on our very own paper mache cows which have been made popular by Melbourne artist John Kelly.

P.E in Term 2 @ EPS

Year Prep

This term in Year Prep, we will be introduced to object control skills such as throwing, bouncing, dribbling and kicking. These skills will be applied through a range of fun and engaging activities.

Through these activities, the students will also have to the opportunity to identify the positive impacts of exercise, as well as building on their ability to work with others.



Year 1-2

This term in Year 1-2, the students are going to have a focus on developing their big ball skills, such as throwing, kicking and punting. The students will build on each of these skills while combining them with running and jogging.

The students will also continue to build on their ability to follow rules and demonstrate turn-taking.

Year 3-4

To begin the term in Year 3-4, we will be focussing on preparing for our annual Athletics Carnival, students will develop their skills in long jump, high jump, discus, shotput and relays. The students will walk through the correct technique for each of the skills, then building towards applying these skills at our Athletics Carnival. To end the term, the students will develop their teamwork skills, while continuing to work on their fundamental movement skills in a range of different activities and situations.

Year 5-6

The Year 5-6 students will have a focus on developing their athletics track and field skills to begin Term 2. In preparation for our House Athletics Carnival, the students will build on their prior knowledge of the skills that will be applied at our House Athletics Carnival. After completing their Athletics Skills unit, the students will continue to develop their fundamental movement skills.



Term 2 - Science at Exford

Year Prep

This term in Science, the Year Prep students will begin to learn about how and why things move. Students will begin to explore how everything in our universe is continuously moving and changing, as well as exploring push and pull forces they can use to move objects in ways, such as sliding, bouncing and spinning.



Year 1-2



Our Year 1-2 students will be learning about modern animals, as well as dinosaurs and other prehistoric animals. They will be investigating how dinosaurs lived, ate and behaved, as well as studying the protective features of dinosaurs.

The students will also be comparing the fossilised remains of dinosaurs and compare them to the animals living in 2023.

Year 3-4

This term in Science, the Year 3-4 students will be learning about how we use heat in practical ways, such as drying our hair, cooking our dinner and warming our water. Students will investigate the different heat sources and how heat moves from one object to another.



Year 5-6



In Year 5-6 Science this term, the students are going to be learning about the properties of light and how it enables us to see. The students will also develop their thinking about light and its role in our lives, as well as how objects reflect and absorb light.

French (Term 2)



Bonjour tout le monde!

In Term 2, we will be diving into the history and significance of le 14 juillet (Bastille Day), as well as its values and relevance in Australia. Additionally, we will discuss the importance of 'Liberté, Égalité, Fraternité' in French culture, and how these values relate to our own Australian values.

Here are some of the exciting activities we have planned in our French classes:

Year Prep

- Discovering French language and culture, including favourite colours, toys, and activities.
- Using 'My Passport to languages Français'.
- Learning the 'Joyeux anniversaire' birthday song by Alain le lait.

Year 1-2

- Acting in a simple French play and describing themselves and their feelings.
- Playing games to practise vocabulary and expressions, such as 'Je suis content' (I am happy) and 'Attention!' (Watch out!).
- Asking and answering questions about the weather in French.

Year 3-4

- Exploring seasons, weather forecast, and reports in French.
- Asking and answering questions about the weather, such as 'Quel temps fait-il?' (What is the weather like?) 'Il fait froid.' (It is cold.).

Year 5-6

- Improving language skills through interactive games, plays, and letter writing.
- Researching and presenting activities for Bastille Day celebrations.
- Learning French expressions and useful vocabulary for daily routines.

We can't wait to speak, sing, and converse using our French sentences and activities!

Our vocabulary and topics will include:

- All about Bastille Day celebration.
- French food, including la tarte aux pommes (recipe posted to Seesaw).
- Researching what you would like to do in France.
- Culture: 'Liberté Egalité Fraternité'.
- Easy everyday Q and A.



Netiquette

Online interactions are becoming as important as face-to-face ones. Learn how to manage your online relationships and develop good ‘netiquette’.

Why do we need ‘netiquette’?

Online friendships are so important to young people that many of them would endure pain rather than lose access to them. On average, young people have 56 online friends. As one young man commented:

“I’d rather lose a leg than access to Facebook.”

The strength of online relationships mirrors the best and at times, the worst, of face-to-face relationships. The only problem is that when things go badly online, they go really badly. And unlike the real world, there is no forgetting about it. As we know, things published online are difficult, if not impossible, to remove.

Almost two thirds of children have had a negative experience online and 20 percent feel badly about something they have done online. In fast-paced heated interactions in chat rooms, people who are usually friendly and positive can post nasty and hurtful comments with devastating consequences.

We need to develop ‘netiquette’—standards of behaviour for people online. Netiquette is about relationships and how people behave, rather than about particular websites or pieces of technology.

The following guidelines have been compiled from suggestions made by thousands of young people and may be useful to consider or use as a discussion point.

The ‘nana rule’

Online actions have real life consequences. If you wouldn’t do it in real life, don’t do it online. Use the ‘nana rule’—if you wouldn’t want your nana to know about it, don’t put it on the web!

Your future employers, friends and partners can and probably will, trace your cyber-trail.

Be a responsible user of technology

Be honest with yourself. Computer games and fast-paced online interactions reduce dopamine. This means it is hard to get motivated to do anything else once you have been online for a while.

Do your study before you go online.



Netiquette

Take a STAND against cyberbullying

Silence

Do not respond to abusive messages. The number one rule for dealing with cyberbullying is: **don't respond, don't interact and don't engage.**

Take a copy of all abusive messages

These may be useful legally later on. Create a new folder, called 'Abuse', and move hate mail and messages into this folder.

Accept that bullies don't think like you do

Trying to sort it out with them or asking them to stop won't work. Recognise that you are not dealing with a person who has the same mindset as yourself. Cyberbullies are cowards who often try to hide their identity and behave in nasty ways to build themselves up and to put other people down. Cyberbullying is a pathetic act.

Never deal with this problem alone

Get help! No one can cope with this alone.

Don't be provoked

Some cyberbullies 'troll' or play 'the baiting game'. A provocative comment is made and those who respond in irritation are encouraged to engage in conflict with those who respond assertively. The provoker watches, waits and stirs the pot.

Become an observer. Although you may be the target of the bully's anger, you can train yourself to act as an observer. This takes you out of the firing line and enables you to study the bully and collect evidence.

For parents: don't ban—plan

Parents should not threaten to ban access to the Internet if bullying occurs.

The main reason young people do not tell their parents when they are cyberbullied is because they fear they will lose access to the computer.

Parents should let their children know that they will help them to cope with upsetting events online but won't insist they stop using the computer.

Behavioural change is important to pay attention to. While it is tempting to take away the screens, this is not always such a great idea. It is better to ensure computers are in a shared space, and impose some limits, such as a turn off time. If parents are able to get interested in the games and use these in conversations you will be able to more clearly understand the appeal gaming has for their child. It is also good to help children maintain off screen interests and activities.

Some children retreat into an online world to deal with loneliness, distress and depression. Often these kids are very private and difficult to engage in conversations making it hard for parents to gauge how much to worry. It is important for parents to pay attention to other behavioural changes such as poor sleep, low energy, irritability beyond usual levels, and changes in appetite. Get help if needed.



Netiquette

Know that people take cyberbullying seriously and that you will be taken seriously

The Australian Government has committed \$125 million to improving online relationships. If you are bullied online, let your school know and let the police know. There are legal avenues that can be taken to stop cyberbullying.

Develop a code of netiquette

Some ideas include:

- Don't bully or be mean to others on-line.
- Let people know that cyberbullying is a weak and cowardly act of hatred online.
- Don't harass or stalk people online.
- Don't pass on embarrassing photos or posts about others.
- Parents should not allow kids to have webcams in bedrooms. Skype should only be allowed if the computer is in a shared family room. Chat roulette should be discouraged.
- Know that circulating some photos means that you risk being charged with child pornography.
- Only add friends that you know and do not add 'friends of friends'.
- If someone online wants to meet you in person, ask an adult to accompany you.

Students helping students

Adults will never know enough to completely protect young people when they are online. For this reason, some schools are setting up groups of students to mentor and assist younger students managing the online world.

These students, called for example 'ambassadors' or 'cyber doctors', develop the netiquette code or '**Acceptable Use Agreement**' for the school and gain input from other students.

They can help others when bad things happen online. Working with a teacher, they educate themselves about online relationships and then are available for anyone in the school who needs them. They collect information about the types of incidents that occur.

If someone has done something online that they regret or have experienced something negative they can request help to resolve the issue.

Often young people are in the most powerful position to help others cope and disentangle the complexities of cyberbullying.

